PPS Swimming Policy 2026-2027

Phoenix Private School, Doha – For Students and Staff

Effective Date: August 2026

Approved By: Principal & Governing Body

Next Review Date: August 2027

1. **Mission, Vision, and Values**

Mission:
To develop future leaders who are able to make positive changes throughout the world. We challenge today to create a better tomorrow.
Vision:
To prepare a generation of Successful Learners, Confident Individuals, Responsible Citizens and Effective Contributors.
Values:

- Perseverance
- Honesty
- Originality
- Enrichment
- Nurturing
- Inspiration
- eXcited to learn

The Swimming Policy

The aim of the policy is to clarify matters in relation to the teaching of the curriculum content in the aquatics strand of the school's Physical Education Programme.

Swimming Policy

WHY WE PROVIDE SWIMMING LESSONS AT PPS?

- To meet the requirements of the National Curriculum; All schools must provide swimming instruction either in key stage 1, key stage 2 or key stage 3. In particular, pupils should be taught to:
    - Swim competently, confidently and proficiently over a distance of at least 25 meters.
    - Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
    - Perform safe self-rescue in different water-based situations
- To develop the personal and social development of children and their health and well-being.
- To promote a valuable life skill

Tragically, drowning is still the third highest cause of accidental death in the UK, but that's not the only reason to teach your child to swim. You'll give them the gift of a lifelong enjoyable activity that will help them keep fit and healthy, as well as improve enjoyment of holidays and prepare them for a whole host of potential water sports. Swimming also offers a unique bonding experience and is one of those few leisure activities that people of all ages can do together. Huffington Post 22/07/2014.

HOW WE WILL ORGANISE SWIMMING AT PPS?

- Swimming at PPS is time-tabled for all students in KS2 and KS3.
- Children, therefore, have the opportunity to develop and improve their swimming. Swimming lessons last approximately 30 minutes and count as one of the classes' weekly PE lesson.

BEHAVIOUR

- The swimming pool is a place of work and should be treated as a classroom with the same rules regarding behaviour.

ATTENDANCE

- All parents must ensure that their children attend all allocated lessons.

- Older children are encouraged to be independent in terms of organising their swimming kits. Children who forget their swimming kits or cannot participate in the lesson for any reason will be required to attend and observe the lessons from the side of the pool. This is in line with the other aspects of the PE curriculum delivery.

- Parents of children returning from an illness that would prevent them from swimming for a short period of time must provide the school with medical evidence of the illness in order that they may be excused from the lesson. Should a child not be able to swim for an extended period of time, a Doctor's letter must be provided.

SWIMMING KIT

No matter what year grade you are, here are some essential items to bring along with you to ensure you have the best possible experience at the pool.

1. SWIMSUIT

- No matter what your age, it's important to have a swimsuit that fits properly
- Girls should wear short/long sleeve swimsuit and swim pants
- Boys should wear short/long sleeve swimsuit and swim shorts (not baggy 'board shorts').
- All children should wear a swim hat, with girls ensuring that their hair is tied up.

2. GOGGLES & SWIM CAP

- Not only do goggles keep the chlorine out of your eyes, they also encourage better technique, especially if your child is new to swimming. If your child has longer hair, a hair band or swim cap will help keep the hair out of his or her face.

3. SHOWER SUPPLIES

- The chlorine in the pool often leaves your skin dry. Remember to bring shower essentials.

4. WATER

- Remember that swimming is a form of exercise. Bring a water bottle to prevent your child from becoming dehydrated.

5. TOWEL

- Bring a towel to the pool deck. It will help keep your child warm when finished his or her lesson. In addition, it prevents water puddles, which are a slip and fall hazard.

6. FLIP FLOPS

- Footwear that is easy to slide on and off are encouraged when walking to the pool deck. A proper pair of flip flops or water shoes will prevent slipping.

7. GYM BAG

- A proper bag to place all of your items in is a must. Pack a comfortable outfit for your child to change into after his or her lesson.

WHY IS IT IMPORTANT TO WEAR PROPER POOL ATTIRE?

- Street clothes (especially those made of cotton) can transport air and waterborne contaminants to the pool.

- Absorbent materials such as cotton can break down in the water. These fibers can clog pool filters and create the need for expensive repairs. Nylon is the best non-absorbent materials for swimwear.

- Any colored or dyed materials (unless specifically made for swimming) can bleed into the pool, affecting the water chemistry.

Students that fail to adhere to the approved swimwear will not be allowed to join the swimming classes or club this year.

SWIMMING UNIFORM AS PER MOE GUIDELINES:

FOR BOYS:



FOR GIRLS:



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WHY IS IT IMPORTANT TO FOLLOW THE POOL RULES?

- Pool rules keep you and the others around you safe.
- Pool rules ensure that the pool remains clean and sanitary for everyone to use.

Failure to adhere to the pool rules and regulations could lead to students being banned from swimming lessons.



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